



## Box Hill Pediatrics

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### Car Seat Standards

#### Supported by:

*Maryland State Highway Administration, Maryland Committee For Safety Belt Use, Maryland Safe Kids Coalition, American Academy Of Pediatrics- Maryland Chapter, Emergency Nurses Care, American Trauma Society- Maryland Division, Maryland Institute For Emergency Medical Services Systems, Maryland Kids In Safety Seats*

### **Prescription for Your Child's Safety From Your Health Care Provider**

PATIENT'S NAME: \_\_\_\_\_

AGE \_\_\_\_\_ WEIGHT \_\_\_\_\_ HEIGHT \_\_\_\_\_

PARENT'S NAME: \_\_\_\_\_

#### **Rx FOR SAFE TRAVEL IN A MOTOR VEHICLE:**

- Is your child younger than one year and weighs less than 20-22 pounds? *Restrain him or her in an infant or convertible safety seat, rear-facing; NEVER in the front seat with an airbag.*
- Is your child younger than one year and weighs more than 20-22 pounds? *Restrain him or her in a convertible safety seat rated for higher weights rear-facing; NEVER in the front seat with an airbag.*
- Is your child older than one year and weighs between 20-22 and 40 pounds? *Restrain him or her in a convertible safety seat, forward-facing; for older children in the 30-40 pound range, a high-backed booster WITH harness is acceptable.*
- Is your child less than 10 years of age? Does your child weigh between 40 and 80 pounds, and his/her knees do not bend over the edge of the vehicle seat? *Restrain him or her in a booster seat (high-backed for vehicles with low bench seats, no-backed for seats with headrests) used with both lap and shoulder belts.*
- Does your child weigh more than 80 pounds? *Restrain him or her in a lap and shoulder belt.*
- Do **YOU** buckle up properly on every ride?

#### **REFILL:**

- BUCKLE UP ON EVERY RIDE**
- MAKE SURE YOUR CHILD'S SAFETY SEAT IS INSTALLED ACCORDING TO THE MANUFACTURER'S INSTRUCTIONS**
- KEEP CHILDREN IN THE BACK SEAT UNTIL THEY ARE 13 YEARS OF AGE AND WEIGH AT LEAST 100 POUNDS**

**For more information, please call Maryland Kids In Safety Seats (KISS) at 1-800-370-SEAT, the Maryland State Highway Administration at 410-787-4077, or the Maryland Committee for Safety Belt Use at 410-787-5893.**